

# Readiness Watch for the week of 21 March 2011

A production by [Dennis L Hitzeman](#) and his [Readiness weblog](#).

## First things first

The purpose of *Readiness Watch* is to provide current, relevant, and actionable readiness information to people determined to be ready for whatever comes next, and especially for those people who are just starting their journey down the road to readiness. Readiness Watch will include observations, commentary, advice, links to resources, and related news.

I always welcome input from my readers, especially tips on information or ways to make this publication better. Feel free to [contact me](#) with information, advice, or tips.

## This week's news theme: The ongoing turbulence of world events

World events continue to take center stage in the news with the ongoing crises in Japan and Libya. These front page stories join and overshadow the recovery efforts from the earthquake in New Zealand and the floods in Australia along with the continued unrest in a large part of the Middle East.

Looming in the background of these stories are other equally distressing stories: skyrocketing global commodity prices, looming shortages, and governments around the globe so far in debt that their only option may be to collapse.

The moral of these stories, and the dozens of others besides these, is that world events are changing and moving very fast. History tells us that, from time to time, the world changes radically, and those who weather those changes best are the ones who are the most ready. Be ready for whatever comes next.

## Modern society is not the solid rock we would like to believe that it is

Victor Davis Hanson writes about [the fragility of complex societies](#).

## News articles you should read

[Peak everything](#)

## Gear

[A wearable tent](#)

[Age your own whiskey](#)

## Be ready now

Be ready now is a weekly post about things you can do right now to get ready for whatever might come next courtesy of [Dennis L Hitzeman's Readiness Weblog](#). You can find other posts in this series in the "[Be ready now](#)" category.

This week's theme: [Food](#)

- [Immediate](#): Buy at stockpile of ready to eat food. The fastest and (over time) cheapest way to stockpile ready to eat food is to buy case lots of MREs from one of the thousands of places that sell them. MREs, unlike most food you buy at the grocery, can last as long as ten years when stored in the proper environment. [Here are some examples](#).
- [Intermediate](#): Decide how long you need to have food on hand for in the case of an extended emergency. How soon will you be able to grow your own food or get it from another source?
- [Long-term](#): Develop a plan for growing your own food or for procuring it from a source other than a grocery store. Can you grow it yourself? Can you trade skills or labor?

## Consider donating to the cause

Do you use Readiness Watch and find the information herein useful to your own readiness initiatives? If so, consider donating to ensure its continued availability. [Contact me](#) for more information.