

# Readiness Watch for the week of 13 June 2011

A production by [Dennis L Hitzeman](#) and his [Readiness weblog](#).

## First things first

The purpose of *Readiness Watch* is to provide current, relevant, and actionable readiness information to people determined to be ready for whatever comes next, and especially for those people who are just starting their journey down the road to readiness. Readiness Watch will include observations, commentary, advice, links to resources, and related news.

I always welcome input from my readers, especially tips on information or ways to make this publication better. Feel free to [contact me](#) with information, advice, or tips.

## This week's news theme: Watching the economy

The economic numbers being released over the past several weeks have not been what many forecasters had hoped for. In fact, the new numbers look a lot like they did in 2007 and 2008 as the world economy slid into recession. The threat of a second recession so close on the heels of the first is especially troubling because so many parts of the world never really came out of the first recession.

Global economic trouble is one of the leading potential causes of worldwide political unrest and collapse and represents one of the most significant linchpins in the development of a significant enduring emergency. Now is the time to prepare for such a potential eventuality.

## Gear

[Dead On Annihilator Wrecking Bar](#) (via [Uncrate](#))

[Adventure Medical Kits](#)

## How-to

[Grill lighter airsoft cannon](#) (YouTube) (via [Hack-a-day](#))

[Breech loading paintball shotgun](#) (via [Hack-a-day](#))

## Be ready now

Be ready now is a weekly post about things you can do right now to get ready for whatever might come next courtesy of [Dennis L Hitzeman's Readiness Weblog](#). You can find other posts in this series in the "[Be ready now](#)" category.

This week's theme: Rendering aid

- **Immediate**: In the case of many kinds of emergencies and disasters, the most immediate kinds of aid needed are going to be of the medical variety. Having the people involved in your plan trained, as a minimum, in first aid and CPR is a must. Consider extending that training to basic medical care and field medicine. Make sure to have **fully stocked medical kits** available.
- **Intermediate**: In an enduring disaster or emergency, after medical care, the next pressing needs will be water, food, clothing, and shelter. Carefully consider how you will provide for those needs for anyone involved in your plan and how you might be able to share aid with others in need.
- **Long-term**: In a long-term disaster scenario, eventually every kind of thing will be needed. Consider accumulating the kinds of skills and resources necessary to provide specific kinds of goods or services. Trade skills, especially those involving the use of simple tools, will be in high demand.

Do you find this information informative and helpful? Feel free to **contact me** and let me know. You can also **contact me** about ways you can support this effort.

DLH

### **Consider donating to the cause**

Do you use Readiness Watch and find the information herein useful to your own readiness initiatives? If so, consider donating to ensure its continued availability. **Contact me** for more information.

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